

# Tomato & Cottage Cheese

Also Known As  
Summer Favorite

Course: Salad      Yield: 1 serving      Type of Food:      Main Ingredient:

## Comments

Good anytime, but this one is best during the warm summer months.

Prep Time: 10 Minutes      Cooking Time:      Ethnic Origin: American

1/8=.125   1/4=.25   1/3=.33   3/8=.375   1/2=.5   5/8=.625   2/3=.66   3/4=.75   7/8=.875

Measure	Ingredient	Pre-Heat? <input type="checkbox"/> Yes	Temperature	Grease Pan? <input type="checkbox"/> Yes	Measure	Ingredient
1 large	Tomato					
.5 cup	Cottage cheese					
	Salt to taste					
	Pepper to taste					
1 pinch	Ground cloves					

## Instructions

Cut off top of tomato so that it resembles a crown.

Add scoop of cottage cheese (large or small curd)

Add salt to taste

Add pepper to taste

Add a small pinch of ground cloves for an unusual refreshing treat

Serve chilled